If you've been drinking from the well of feminism, and you now are hearing the Scripture call you to self-control, I can imagine the turmoil you might be facing. It's the antithesis of one of the core tenants of feminism. They are so against any authority and demand complete autonomy of self while simultaneously refusing to control themselves, their emotions, and their behaviors. They don't want anyone to tell them what to do, not even themselves.

But this is not the way of the born again believer. She has a different mandate on her life and she'd do well to learn all she can.

Here are 2 areas a spirit-controlled woman can examine to see if she is moderate and sensible or if she is uncontrolled in her passions & opinions.

First, one passion that is not really talked about is how she dresses at home. We are all witness to the home lives of women on this platform here and we are seeing them in their nightclothes and their home clothing and I see that some women are dressing so very provocatively at home around their children. Being discrete means you are sensible in how you dress even in the privacy of your own home. It is a shame that women desensitize their own children by dressing in revealing clothing to do laundry or wash the dishes. Is she seeking her husband's reaction to her body by calling attention to it on full display. I saw a mom with the plastic surgery bottom in a thong taking pictures with her 5 year old daughter...they had matching colored swimsuits...I had no idea people were doing this, I was absolutely stunned. Also, your son's friends, nor your son should see the private areas of his mother. And what could this say to our daughters who may feel forced to compete for attention?

Your children are to be respected enough to hide from their eyes the display of flesh and vice and overflowing passions. I know, you are at home and should be comfortable but if your idea of comfort exposes innocent eyes to situations and sights not meant for them, how can this be called sensible or discrete or moderate? This is a form of self-control and ought to be embraced by the biblical woman.

The second one is being sensible in speech. Is this woman spouting X RATED jokes & phrases in her home? Is she full of sexual innuendos and calls attention to them at inappropriate times. This can point to a lack of self-control. Is she a talking billboard for her family's dirty laundry? Does she tell every secret, every misfortune, every bad deed, every good deed about her family to the world? Additionally, a lack of empathy and disinterest in others' perspectives can be another red flag. Does she primarily talk about

herself and her own concerns without demonstrating care for the needs and feelings of those around her?

Is everyone around her fully aware of her opinions on politics, on religion, on methods of raising children and are those opinions sound & biblical or are they irrational & earthly? Is she always willing and ready to put forth her beliefs?

Now I am not trying to silence the young woman but she has to keep watch over her speech in all manners. Loose lips are not at all in line with proverbs 10 19 which says In the multitude of words there wanteth not sin: but he that refraineth his lips is wise. Wisdom and discretion and sensibility can be seen even if she doesn't open her mouth at all.

An older woman understands the struggle the young woman faces. We live in a society that inundates young women with corrupt influences, immoral ideals and twisted values, making it hard for sensibility and moderation to shine through. But being the testimony of lives transformed by the Spirit is to be the way of the biblical young woman. She needs to want what God wants for her and be conformed to His Word.